Christian Imieliński,

EXPERIENCE ON TREATMENT OF FUNCTIONAL DISORDERS IN OUTPATIENTS SEXOLOGY

Abstract

The author, based on literature and own experience, analyses the problem of most common psychosocial factors leading to establish inappropriate partnerships which, if ongoing, may lead to develop individual sexual dysfunction. Concrete pathologic behaviors are discussed, such as treating sex as hard task, generating fears by partner, which often lead to erectile dysfunction, premature ejaculation in men, and dyspareunia or anorgasmia in women.

Conclusions:

At the end a brief therapeutic suggestion is mentioned. Best results are achieved if rational-emotional or/and behavioral treatment is used. The therapeutical process should bring better communication between partners, understanding and harmony and outcome of fears.

Christian Imieliński,

Department of Psychosomatics, Sexology and Pathology of Interpersonal Relations, Medical Centre for Postgraduate Education, Warsaw, Poland chimi@post.pl

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