

Ewelina Makulska – Gertruda

SEX ADDICTION

Abstract

May the changes occurring now in connection with gender and sexual behaviour be called a sexual revolution? Had there really been a breakdown in traditional norms or is it just an accelerated continuum of the evolution process? The observed changes occur both at the level of the morals and human behaviour. So how can the proposed approach be related with the phenomenon of the need of searching for multiple partners, compulsive or even frequent sex? Does this approach include the notion of sexual addiction? Moreover, it is puzzling to state who is affected by the appearing changes (homo- or heterosexuals) and to what extent? What influences the aforementioned phenomenon and why?

Ewelina Makulska – Gertruda
Universität Regensburg, Germany
ewelina.makulska@gmail.com

Curriculum vitae

Ewelina Makulska - Gertruda

Date of birth: 20th March 1983

Address: Kopernika 11A/ 14
05-420 Józefów
POLSKA

Aussigerstr.16C
93073 Neutraubling
DEUTSCHLAND

Tel.: +48 0-508 323 082
+49 0-176 258 990 71

e-mail: ewelina.makulska@gmail.com

Education:

2009 Universität Regensburg, Germany - Doctor Study.

2007 The Warsaw School of Social Sciences and Humanities - SWPS
Faculty: Psychology;
Specialization: Clinical Social Psychology;
the title M. A.

2006 Universität Regensburg, Germany
Faculty: Psychology;
Specialization: Clinical Social Psychology.

Work experience:

2009 Work as a psychologist on the Alcohol Addiction Ward - Batorego – Hospital in Otwock (Batorego 44 street) (holding trainings in group psychotherapy).

Work as a psychologist on the Outpatient Psychiatric Ward of The Mokotów – Hospital in Warsaw (Madalińskiego 13 street) (holding trainings in “Communication Techniques” and group psychotherapy).

2008 Internationaler Teamtraining Parcours (Trainer in Jugendbildungsstätte Waldmünchen der KAB und CAJ gGmbH, Germany).

Trainer in multi-national seminar - Europäische Jugendwoche, Jugendbildungsstätte Waldmünchen der KAB und CAJ gGmbH, Germany.

2007 Work as a psychologist on the Clinic Immunology and Transplantology of The – Dzieciątka Jezus – Clinical Hospital in Warsaw (Lindleya 4 street) (psychological consultations).

Work as a junior assistant on the Post - Study of The Warsaw School of Social Sciences and Humanities - SWPS (Chodakowska 19/31 street).

2007 Editor-in-chief of the psychological portal PSI (www.psi.org.pl).

Work as a junior assistant on the Outpatient Psychiatric Ward of The Orłowski Clinical Hospital in Warsaw (holding trainings in “Relaxation Techniques” and group psychotherapy).

2003 Commencement of professional work as a junior assistant on the Outpatient Psychiatric Ward at The Orłowski Clinical Hospital in Warsaw (holding trainings in “Relaxation Techniques”).

Traineeships, volunteer work, workshops, scholarships:

2009 Participant in the II National Debate about Sexual Health, Warsaw, 24.04.2009r.

Participant in the program - Jugend in Aktion (EVS Evaluation).

Hospital training on the Alcohol, Medicine, Drugs and Gamble Addiction Ward of the Addiction Centrum in Warsaw (Zgierska 18A street).

2008 Internship in Jugendbildungsstätte Waldmünchen der KAB und CAJ gGmbH, Germany, scholarship EU (holding trainings: international integration - Globales Dorf, Gemeinsam hoch hinaus, Medienakademie, Premier League Akademie; work and information - Achtung - fertig – arbeitslos; democratic and tolerant - Vielfalt tut gut, Radio good news; conferences - Christliche Arbeiter Jugend (CAJ) Jubiläums Event, 09-12.05.2008, Jugendbildungsstätte Waldmünchen; 20 Jahre Jugendbildungsstätte, 25 Jahre Jugendhaus und Jugendherberge (Jubiläum), 10-12.10.2008, Jugendbildungsstätte Waldmünchen).

Conference - Weiterbildungskonferenz für den deutsch – polnischen Jugend- und Schulaustausch, 28.–29.08.2008, Akademie Kalushof, Hamminkeln, Germany (official from Jugendbildungsstätte Waldmünchen der KAB und CAJ gGmbH, Germany).

Youth Pass, Certificate - Project EULE (Europa: Leben und Entwicklung, various faces of Europe), The international project for young people, Sighisoara Transsylvanien, Rumanian - Zusammenleben verschiedener Völker und Religionen (Participant from Germany).

Course - Erste Hilfe Kurs (Pass), Bayerisches Rotes Kreuz.

2007 Training in drama techniques at the Polish Centre of the International Association of Theatres for Children and Young People ASSITEJ.

Voluntary work in the Bureau of International Affairs at Warsaw School of Social Psychology (consultant in Sokrates – Erasmus Program).

2006 Training in Forensic Sexology at The Clinical Didactic Study, Medical Centre of Postgraduate Education in Warsaw; Psychosomatic, Sexology, Interpersonal Relationship Pathology Unit.

2005 Hospital training on the Outpatient Psychiatric Ward at the Bródnowski Hospital in Warsaw (Kondratowicza 8 street).

Training in Clinical Sexology (Paraphilia Clinic – diagnostics and therapy) at [Clinical Didactic Study], Medical Centre of Postgraduate Education in Warsaw; Psychosomatic, Sexology, Interpersonal Relationship Pathology Unit .

Hospital training an the 18th Alcohol Addiction Ward and 17th Detoxication Ward at Regional Mental Health Facilities in Warsaw (Kolska 2/4 street).

2004Prizewinner of the 9th Academic Session of Warsaw School of Social Psychology (Audience Prize Winner, Creative Scholarship).

2003 Hospital training at The Bogdanowicz Hospital in Warsaw (Niekłańska 4/24 street).

Publications:

2009 Conference Functional disorders. Comprehensive treatment and prevention, Warsaw, June 5th-7th, 2009 (publication - Sex Addiction).

2008National Scientific Conference by the Polish Therapeutic Society – Human sexology in healthfulness and illness, Posen, 17. October 2008 (publications – text: Temperament and Women’s Masturbation and presentation – Women’s Masturbation).

Work for „Charaktery” popular and scientific monthly publisher by Charaktery sp. z o. o. in Kielce (publication - Charaktery, nr 10/ 2008 – She make a love herself).

2005 Work for “Clinical Hospital” medical quarterly published by The Orłowski Clinical Hospital, publications by the Medical Academy in Warsaw (“Clinical Hospital” nr 2/2005 - Stability of social status in face of self-esteem manipulation. Report I; “Clinical Hospital” no. 1/2006 - Stability of social status in face of self-esteem manipulation. Report II).

Participation in the 14th General Assembly of European Association of Experimental Social Psychology (EAESP) in Würzburg (Germany), (international publication - Stability of social status in face of self-esteem manipulation, Certificate).