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THE PHENOMENON OF TREATMENT CESSATION IN PATIENTS WITH DIAGNOSED ANOREXIA AND BULIMIA NERVOSA DURING PSYCHOTHERAPY CONDUCTED IN THE CLINIC FOR NEUROSES, PSYCHIATRY AND NEUROLOGY INSTITUTE

Abstract

Objective:

The objective of the study was to characterize self image of patients with nutrition disorders who had stopped treatment prematurely.

Method:

88 persons were included in the study and divided into two even groups. Each group contained a subgroup of 35 female patients who completed full psychotherapy programme in Klinika Nerwic IPiN (Clinic for Neuroses, Psychiatry and Neurology Institute) (AN-P = 35 and BN-P = 35) and a subgroup, consisting of 9 patients, who stopped treatment before its scheduled termination time (AN-DR = 9 and BN-DR = 9). In other words, the former might be called 'completers' and the latter 'dropouts'. We used the following measuring tools: Hopkins Symptoms Checklist (HSCL-72), T. Wysokinska-Gasior and A. Matuszewski Motivational Inventory, and Adjective Check List (ACL) according to Gough and Heilbrun. The subjects were examined in two steps, namely during an initial test prior to the admission to our clinic and at admission to our clinic.

Results:

Both subgroups of the patients suffering from nutrition disorders who prematurely stopped treatment (AN-DR and BN-DR) revealed significant differences in the level of motivation factors and in the similar number of Adjective Check List scales.

Conclusions:

Treatment cessation in the group of patients with diagnosed anorexia nervosa was associated first and foremost with a low level of motivation for treatment and with the avoidance of critical realization their own and interpersonal difficulties. In patients affected by bulimia nervosa psychotherapy cessation was connected with difficulties in the sustainment of stable therapeutic relation and with signs of impulsiveness.

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